















Average vs. Instantaneous Speed and Velocity		
	<ul> <li>Average speed:</li> </ul>	$v = \frac{\Delta x}{\Delta t} = \frac{\Delta r}{\Delta t}$
	<ul> <li>Average velocity:</li> </ul>	$\vec{v} = \frac{\Delta \vec{x}}{\Delta t} = \frac{\Delta \vec{r}}{\Delta t}$
	<ul> <li>Instantaneous speed:</li> </ul>	$v = \frac{dx}{dt} = \frac{dr}{dt}$
	<ul> <li>Instantaneous velocity</li> </ul>	$\vec{v} = \frac{d\vec{x}}{dt} = \frac{d\vec{r}}{dt}$



